

BREASTFEEDING-FRIENDLY WORKPLACE AWARD QUESTIONNAIRE

The State of Rhode Island is committed to promoting and protecting a mother's right to breastfeed her child for as long as she chooses, whether or not she returns to work. Doctors recommend exclusive breastfeeding for the first 6 months after birth for the optimal health of a mother and her child. Rhode Island state law (section 23-13.2-1) asks employers to accommodate breastfeeding mothers in the workplace by adopting policies and practices that support breastfeeding.

If your company supports breastfeeding for employees or clients, the Rhode Island Department of Health and the Rhode Island Breastfeeding Coalition would like to publicly recognize your efforts. Please take the time to answer a few brief questions to let us know what your company is doing to support breastfeeding. We appreciate your input!



Emily Eisenstein, MPH
RI State Breastfeeding Coordinator



Erin Dugan, MPH
Chair, Rhode Island Breastfeeding Coalition

Visit www.health.ri.gov/family/breastfeeding for additional information.

QUESTIONNAIRE

Please check the boxes that apply to your business:

Breastfeeding Policy

- We have a written policy outlining organizational support for breastfeeding employees.
- We routinely distribute or promote our written breastfeeding policy to all employees.
- We offer work schedule flexibility. We allow moms to schedule breaks and work patterns to provide time to breastfeed their babies or to express or pump breastmilk during the workday.
- We allow employees to routinely bring breastfeeding infants to work with them.
- We publicize that clients may breastfeed in public spaces.

(Questions continued on page 2) →

Please fold sheets together in thirds, staple open edge, and *mail to the address below* or *fax to (401) 222-1442*.

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Emily Eisenstein, MPH
State Breastfeeding Coordinator
Rhode Island Department of Health
3 Capitol Hill, Room 302
Providence, RI 02908

→ (Questions continued from page 1)

Breastfeeding Facilities

We provide *employees* with:

- A designated breastfeeding room (or rooms) **or** an accessible, clean, private, and safe space other than a toilet stall where they can express or pump breastmilk.
- A functioning sink in proximity to the pumping space where they can clean pumping equipment.

We provide *clients* with:

- An accessible, clean, private, and safe space other than a toilet stall where they can express or pump breastmilk.

Breastfeeding Resources

- We routinely promote the benefits of breastfeeding to all employees.
- We sponsor the services of a lactation consultant for all breastfeeding employees.
- We provide a hospital-grade electric breast pump for breastfeeding employees to use while at work.
- We purchase personal electric breast pumps and / or pump kits for breastfeeding employees.
- Childcare is available and accessible to employees and accommodates breastfeeding.

Breastfeeding Insurance Benefits

Our health insurance plan provides coverage for breastfeeding equipment (e.g., pumps, pump kits) and / or breastfeeding services (e.g., lactation consultant services) at a level comparable to or exceeding the minimum benefits provided to breastfeeding RIte Care subscribers (visit www.health.ri.gov/family/breastfeeding/insurancebenefits.php for details).

Other ways your business accommodates breastfeeding employees or clients:

Technical Assistance

- Would your management team like a consultation on how to enhance breastfeeding support?

What can we do to help you further accommodate breastfeeding in the workplace?

WORKSITE INFORMATION

How many employees does your business employ? _____

Approximately what percent of your employees are women between the ages of 15 and 44? _____

Please complete the following to be considered for a workplace award or to receive technical assistance:

Company Name _____

Company Address _____

Contact Name _____

Contact Title _____

Phone number _____ **Email** _____

